

Adults' Health and Wellbeing Partnership

A meeting of Adults' Health and Wellbeing Partnership was held on Thursday, 3rd September, 2015.

Present: Peter Kelly (Chairman), Jane Humphreys, Emma Champley, Mark McGivern, Margaret Waggott, Colin Snowdon, Julie Nixon(SBC) Lesley Gibson (Harbour), Steve Rose (Catalyst), Simon Forrest (Durham Uni), Mick Hickey (SRC) and Steve Chaytor (Tees Active)

Officers: Michael Henderson (SBC)

Also in attendance: Rowena Somerville (TVA)

Apologies: Councillor Jim Beall, Simon Willson, Ian Coates, Paul Copland (CCG), Kate Birkenhead (NHS England) , Tina Jenks (TEWV), Julie Parkes (NHTT), Natasha Judge (HealthWatch), Julie Allan (NPS), Kevin Parry (CRC), Steve Hume, Reuben Kench, Richard Poundford, Graham Clinghan, Neil Russell (SBC) Dave Pickard (thirteen), Rachael Kipling (CPCC) and Andrea Walker (Prison Service)

1 Declarations of Interest

2 Minutes of the meeting held on 1st April 2015

The minutes of the meeting held on 1st April 2015 were agreed.

3 Minutes of Commissioning Groups and CYP Partnership

The minutes of the following were noted:

Children and Young People's Commissioning Group meetings - 16th March and 20th May 2015.

Adults' Joint Commissioning Group - 24th March 2015.

Children and Young People's Partnership - 18th March, 15th April, 20th May, 17th June 2015.

4 Tees Valley Arts - River Tees Rediscovered - Health

Members received a presentation, from Rowena Somerville, of Tees Valley Arts, regarding work it undertook connected to health and wellbeing.

Members noted the following:

- Tees Valley Arts (formerly Cleveland Arts) had been set up in 1982. It was a charitable trust, not for profit organisation. It did not receive any core funding.
- TVA had worked across the Tees Valley, with children in care, young offenders, mental health, refugees.
- TVA had received funding from Comic Relief to work with Barnado's and engage with children at risk of sexual exploitation. Outcomes had been extremely positive.
- TVA would be submitting a further application for funding to work with 'A way out' to enrich the programmes it offered to women attempting to exit the sex industry
- TVA had worked with people with mental health issues and offered a flexible approach.

- It had worked in Durham using personal budgets to provide a creative offer to people with learning disabilities, via a group called Tin Arts.
- TVA had been involved in smoking cessation, working with groups of people to get them to think about messages they would pass on, via animation, art, posters, poetry etc

There was considerable interest in the work of TVA and how the arts could have a positive effect on health and wellbeing issues, such as those mentioned above and also, substance abuse, building self-esteem, working with victims and perpetrators of domestic abuse. It was agreed that Rowena's contact details would be forwarded to members of the group.

RESOLVED that the presentation be noted and contact details for TVA be circulated to members.

5 Tobacco Control Action Plan

Members considered a report relating to Stockton Partnership Tobacco Control Action Plan.

Members noted that work was being undertaken with Stockton Riverside College to assess young people's attitudes towards smoking to help inform interventions. An update on this work would be reported to the Partnership in the future.

The Partnership's discussion related to:

- keeping children safe from potential fires, caused by smoking in the home. Noted that the Fire Service continued to reinforce its messages around this and fire alarm checking in the home.
- the midwifery service had a role in identifying mothers who smoked and the potential that a child was going into an environment where smoking took place and there should, therefore, be a home safety visit undertaken. Health Visitors might also have a role in this. Ruby Poppleton would have a discussion with Janet Mackie/Lindsey Robertson (NTHFT) on this matter.
- it was repeated that in order to achieve the 5% prevalence target by 2025 there needed to be a change in culture around smoking. Smoking cessation, in its self, was unlikely to achieve the target and factors influencing young people's reasons for taking up smoking was key. Those taking up smoking needed to be reduced if the target was to be met.
- Tobacco prevalence reduction was driven by public health but this was the Partnerships plan and it was the responsibility of all members to effect changes that could help reduce prevalence.
- it was noted that prevalence, in Stockton, had reduced. Figures compared favourably with other areas of the North East.
- progress was being made with regard to women who smoked in the antenatal and postnatal period with figures dropping to 17%. This was positive, and compared well with some neighbours, however, it was high when compared with other parts of the country where prevalence was in single figures.
- work was being undertaken to identify what factors made the Tees Valley such an outlier in many indicators.
- e cigarettes and use of personal budget. Issues around this would continue to

be monitored.

-Smoking Still Kills report produced by ASH. It was noted that this had been endorsed by the Health and Wellbeing Board in July.

RESOLVED that the Action Plan be noted and discussion be noted/actioned where appropriate.

6 Feedback from Adults Drugs Misuse Event

The Partnership considered a report that provided an update on the key points identified from the Adults' Drug Misuse Event, held on Monday 15th June 2015.

Members were reminded that the Partnership had held an in depth discussion on this matter, following a presentation from Public Health.

The following two questions were posed to the those attending:

- What should be our approach and focus around adult drug misuse going forward?
- What should be our priorities as a Partnership as a result of this?

There were three main themes that were apparent from the discussions with key points identified:

- A targeted approach to drug recovery – Support should be focused due to limited resources. Should services therefore support all service users equally or should a more targeted and bespoke approach to treatment support be adopted? Need to identify the target groups and the approaches to each for engagement and in treatment delivery whilst being flexible in that delivery.
- Understanding the demands and needs of substance misusers – those who are already known to services and those who are in need of support but are not currently accessing services; using service user intelligence and learning from other areas. A focus on addressing health inequalities and social deprivation as part of drug treatment.
- Cohesion of strategy and services – need a cohesive integrated joint strategic approach that will help coordinate all services in contact with a substance misuser to ensure holistic support and better integrated care particularly mental health services. Seek opportunities for pooling budgets and joint commissioning.

As a result the following priorities were suggested:

- Identify our target groups and our approaches to each
- Clarify what is expected from partners and services in a partnership approach to addressing drug misuse
- Improve partnership working with mental health services
- Prevent people from using illicit substances
- Identify and work on the root causes of drug misuse
- Address housing needs and employment opportunities

The next steps were:

The feedback obtained and priorities suggested will be considered alongside the findings from local needs assessment and the ongoing review of adult drug treatment services to help identify any gaps, contribute to the modernisation of Stockton Borough's drug treatment model and shape any future service delivery. The review of those services and future commissioning options and intentions are being reported via the Adults Health and Wellbeing Commissioning Group.

Members noted the report and there was a discussion which covered the following:-

- There was a request that the voluntary sector be considered in any future service delivery model.
- It was important to map the services currently available around substance misuse.
- Targeting of resources would need to be considered and it was envisaged that consultation would help with this. There may be a need to prioritise what service was provided to each individual based on certain criteria.
- There would be some work taking place to try and identify the hidden population of drug users
- It was envisaged that a new service for Adults would be in place September 2016.
- Members noted that the Birchtree Practice was co-commissioned, with NHS England. This contract was due for expiry September 2016 and NHS was currently looking at the primary health care element of the service.
- Drugs misuse expenditure was around £3 million with a cohort of service users of less than 1000, with an annual turnover of 2-3 hundred

RESOLVED that the report and discussion be noted and update reports be presented to future meetings of this Partnership and the Adults' Health and Wellbeing Commissioning Group.

7 Review of Frequency on meetings

This matter was deferred to the next meeting.

8 Forward Plan

The Forward Plan was noted.